

# **Campfire Puddings - Baked Apple**

How to make one of our top 5 campfire puddings

### You will need

- 1. Apples
- 2. Apple corer
- 3. Brown sugar
- 4. Cinnamon
- 5. Dried mixed fruit
- 6. Butter
- 7. Tin foil

### Safety

Embers of the fire will be hot

Always remain aware of your surroundings and follow local COVID-19 advice, including the Hands / Face / Space / Ventilation guidance.

If you're meeting online, check out <u>the advice</u> on using Zoom and other popular digital platforms and the <u>guidance on being safe online</u>.

To help others do activities safely over Zoom, check out the <u>example risk assessments</u> and remember to make sure those taking part understand any care that needs to be applied.

#### Instructions

- 1. Baked apples
- 2. In a bowl mix together the dried fruit, sugar, butter and cinnamon
- 3. Core the apple
- 4. Place the apple on the foil
- 5. Fill the centre with the dried fruit mixture
- 6. Wrap the stuffed apple in foil ensuring it is fully covered
- 7. Bake in the oven for 35 minutes or put in the embers of the fire



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The next page(s) contains an example risk assessment for this activity that was carried out by the Wintercamp team.

To produce your risk assessment, you can review this example here and think about your own environment and abilities. Add any other hazards you have identified and the control measures you feel are needed to reduce that risk.

For extra help, check out the <u>example risk assessments</u> here and remember to make sure those taking part understand any care that needs to be applied.

For example, a Beaver Scout using a hot glue gun could be more at risk of a burn than an Explorer Scout, so you may do more to reduce that risk.



Name of Activity	Campfire Puddings - Baked Apple	Date of Risk Assessment	16/12/2020	Name of who undertook this risk assessment	Wintercamp Programme Team
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Hazard Identified/ Risks from it?	Who is at risk?	How are risks already controlled? What extra controls are needed?
Burns - Fire & oil	AII	Don't wear flammable clothing Have a fire bucket on hand in case you do burn yourself Don?t wear scarves, ties, lanyards or any loose clothing or jewellery and tie back long hair to prevent from going in the fire.
		Don't leave the fire or pan with oil in unattended.
Dirt/Mud Contamination	All	Ensure hands are washed thoroughly when an activity has caused them to get muddy or dirty. Avoid touching face with dirty hands. Clean mud or dirt off items before using them.
Food allergies	All	Be careful of food allergies
Food poisoning	All	Ensure hands are clean Ensure surfaces are clean Ensure utensils are clean

Hazard Identified/ Risks from it?	Who is at risk?	How are risks already controlled? What extra controls are needed?
	All	Adults should supervise young people when they are using hot items (such as glue guns, soldering irons, and irons)
Heat sources, burns from mistakes or misuse.		Use heat sources in a defined area to restrict access.
		An adult should brief young people on using the heat sources safely before they use them.
	All	Know knife law and safety before you begin
Knife work, risk of slips and		At the end of the session, collect and safely store any tools you?ve used
cuts		Have a suitable, safe storage
		Start with a small knife (such as a Swiss Army Knife) and complete small tasks. Build up to a larger blade as you become more confident and dexterous.
Rough wood / Wooden	All	Tell people to take care when cutting or snapping wood
Items?//Risk of splinters or blisters from handling		Wear strong gloves if you have them, bear in mind that gloves may affect your grip.
Scalds - Boiling liquid	All	Have adult help / carefully move boiling water.
Sharp items, Injuries from	All	Adult to supervise young people when they?re using sharp items.
mistakes or misuse.		Brief young people on using the sharp item safely before they use it.

Hazard Identified/ Risks	Who is at	How are risks already controlled?
from it?	risk?	What extra controls are needed?
Slips and trips - Wet surfaces All		Ensure you are in an area where water can be cleaned up. Wear non-slip footwear