

Wintercamp 2021

Virtual

Campfire Puddings - Dampers & Jam

How to make one of our top 5 campfire puddings

You will need

1. Dampers and Jam
2. Self-rising flour
3. Salt
4. Sugar
5. Butter
6. Jam
7. Skewer

Safety

Hot oil and fire

Always remain aware of your surroundings and follow local COVID-19 advice, including the Hands / Face / Space / Ventilation guidance.

If you're meeting online, check out [the advice](#) on using Zoom and other popular digital platforms and the [guidance on being safe online](#).

To help others do activities safely over Zoom, check out the [example risk assessments](#) and remember to make sure those taking part understand any care that needs to be applied.

Instructions

1. Dampers and Jam
2. Mix the flour, sugar, and salt together in a bowl
3. Rub the butter with the flour, salt, and sugar until its crumbly
4. Add a little bit of the milk at a time and mix the until a dough starts to form
5. With your hand knead the dough
6. Shape your dough into a sausage and wrap around the skewer
7. To cook in the oven - place under the grill, turning regularly
8. To cook on a fire – hold the damper near the top of the flame, being careful not to get too close, and gently turn to ensure it is cooking all around
9. Once cooked, spread jam and eat whilst it is warm





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The next page(s) contains an example risk assessment for this activity that was carried out by the Wintercamp team.

To produce your risk assessment, you can review this example here and think about your own environment and abilities. Add any other hazards you have identified and the control measures you feel are needed to reduce that risk.

For extra help, check out the [example risk assessments](#) here and remember to make sure those taking part understand any care that needs to be applied.

For example, a Beaver Scout using a hot glue gun could be more at risk of a burn than an Explorer Scout, so you may do more to reduce that risk.

Name of Activity	Campfire Puddings - Dampers & Jam	Date of Risk Assessment	16/12/2020	Name of who undertook this risk assessment	Wintercamp Programme Team
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Hazard Identified/ Risks from it?	Who is at risk?	How are risks already controlled? What extra controls are needed?
Burns - Fire & oil	All	Don't wear flammable clothing Have a fire bucket on hand in case you do burn yourself Don't wear scarves, ties, lanyards or any loose clothing or jewellery and tie back long hair to prevent from going in the fire. Don't leave the fire or pan with oil in unattended.
Dirt/Mud Contamination	All	Ensure hands are washed thoroughly when an activity has caused them to get muddy or dirty. Avoid touching face with dirty hands. Clean mud or dirt off items before using them.
Food allergies	All	Be careful of food allergies
Food poisoning	All	Ensure hands are clean Ensure surfaces are clean Ensure utensils are clean

Hazard Identified/ Risks from it?	Who is at risk?	How are risks already controlled? What extra controls are needed?
Heat sources, burns from mistakes or misuse.	All	Adults should supervise young people when they are using hot items (such as glue guns, soldering irons, and irons) Use heat sources in a defined area to restrict access. An adult should brief young people on using the heat sources safely before they use them.
Knife work, risk of slips and cuts	All	Know knife law and safety before you begin At the end of the session, collect and safely store any tools you've used Have a suitable, safe storage Start with a small knife (such as a Swiss Army Knife) and complete small tasks. Build up to a larger blade as you become more confident and dexterous.
Rough wood / Wooden Items?//Risk of splinters or blisters from handling	All	Tell people to take care when cutting or snapping wood Wear strong gloves if you have them, bear in mind that gloves may affect your grip.
Scalds - Boiling liquid	All	Have adult help / carefully move boiling water.
Sharp items, Injuries from mistakes or misuse.	All	Adult to supervise young people when they're using sharp items. Brief young people on using the sharp item safely before they use it.

Hazard Identified/ Risks from it?	Who is at risk?	How are risks already controlled? What extra controls are needed?
Slips and trips - Wet surfaces	All	Ensure you are in an area where water can be cleaned up. Wear non-slip footwear